

Tips on Littering

- ✓ Keep a plastic bag/litter bag in your car at all times. This helps you resist the urge to throw your trash on the ground. Once you get home you can separate your trash from your recyclables.

- ✓ When you go walking, take a plastic bag and glove with you to pick up litter. If you go walking 4 times a week, pick one of those days that you can pick up litter. Choose different routes each time.

- ✓ If you smoke, always use an ashtray (especially in your car). If you are somewhere that you know there will not be an ashtray, take a plastic container or bag with you to store the cigarette butts when you are done. Throw them away when you get home. Facts about cigarette butts:
 - Cigarette butt litter is the world's greatest environmental litter problem.
 - Approximately 4.3 trillion cigarette butts are littered every year. Over 250 billion butts are littered in the U.S. alone.
 - It can take up to 12 years for a cigarette butt to decompose.
 - Almost 1 in 3 cigarette butts end up as litter.

- ✓ Take part in community litter clean-ups. You can find information on these in your local newspaper or at your local city or township office.

- ✓ Organize your own litter cleanups in your neighborhoods. Go door to door asking neighbors or friends to help out. Pick a day and time and get your neighbors involved. Some items you will need for your cleanup:
 - Plastic trash bags
 - Gloves for protection
 - Water to drink if it's a hot day. Ask volunteers to bring their own reusable water bottle.Remember to have each person carry two trash bags if possible - one for trash and one for recyclables. Then take the recyclables to a local recycling center.

- ✓ Education your friends and family on the importance of not littering.